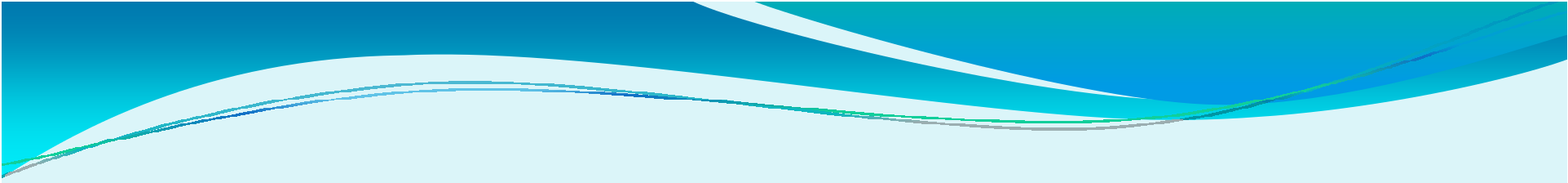
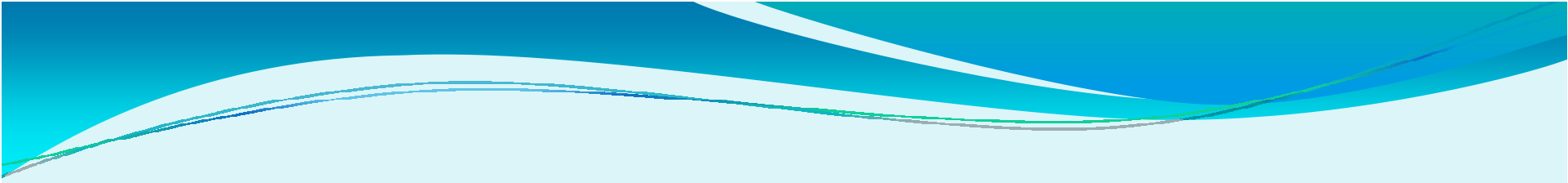


EORTC SPIRITUAL WELLBEING MODULE

Phases I – III

Teresa Young & Bella Vivat

- 
- **SPIRITUALITY** is the search for meaning in one's life and (includes) the living of one's life on the basis of one's understanding of that meaning.
 - It may involve some or all of the following: having or finding: sustaining relationships with self and others; explanations for events and/or experiences; meaning beyond one's self; meaning beyond immediate events.

- 
- **SPIRITUAL WELLBEING** is wellbeing related to spirituality, with three dimensions:
 - *personal relationships with self and others*
 - *existential issues*
 - *religious and/or spiritual beliefs and practices*

Phases I & II

Literature Review

84 Issues

29 Personal relationships with self and others (P)

24 Existential (Q)

31 Religious and/or spiritual beliefs and/or practices (R)

Interviews (22 patients, 22 HCPs)

Relevance, Importance

Ranking Score

Additional Items

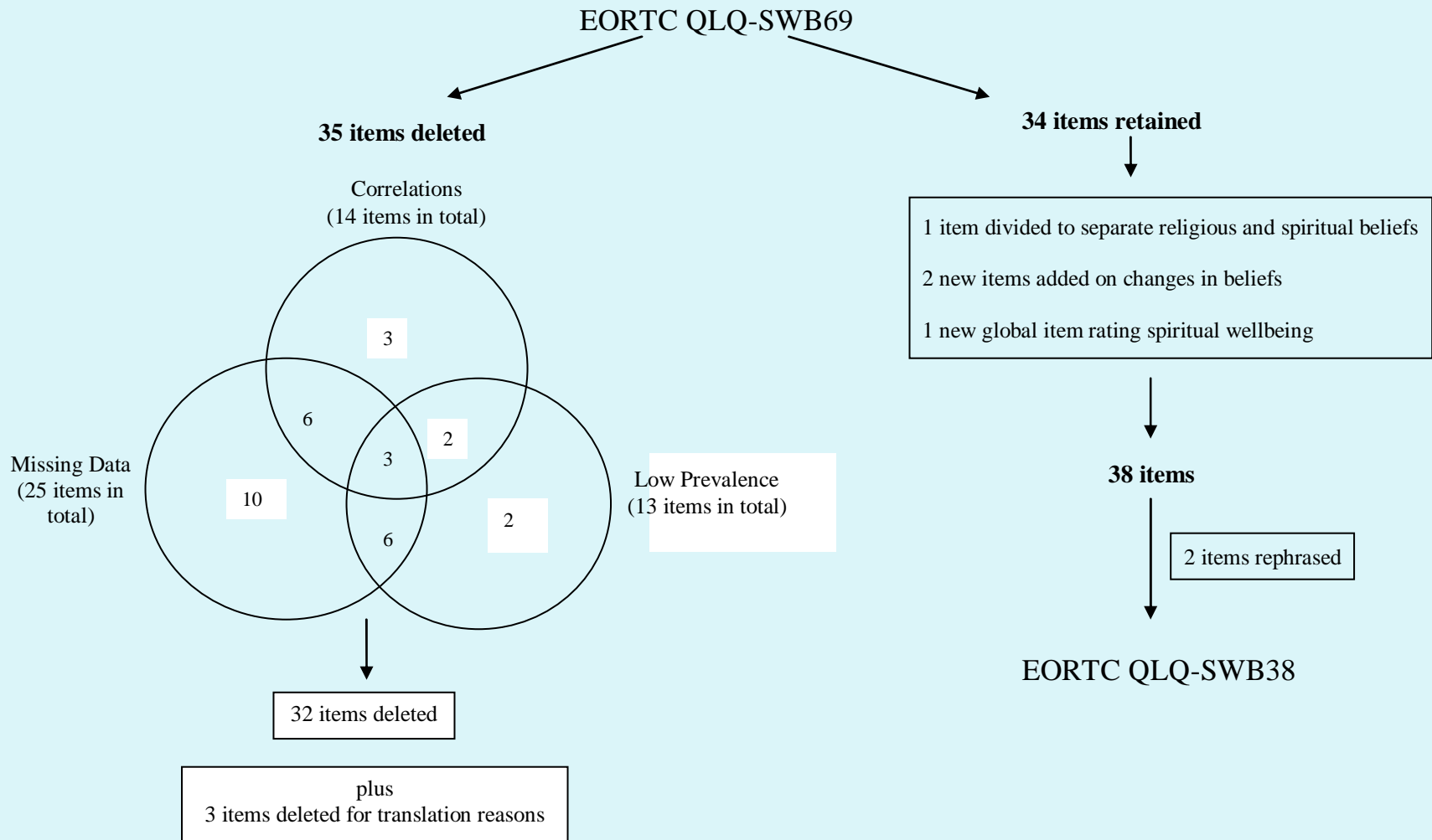
N=69 Items

24 P (Personal relationships with self and others) issues + 4 new = 28 items

18 Q (Existential) issues + 1 split + 1 new = 20 items

19 R (Religious/Spiritual Beliefs/Practices) issues + 2 new = 21 items

Figure 3: Phase IIIa: development of EORTC QLQ-SWB38 from EORTC QLQ-SWB69



Phase III

- 113 Patients
- France, Germany, Iceland, Italy, Japan, Spain, UK
 - 59 Christian
 - 22 No religion
 - 17 Unsure

I believe in God or someone or something
greater than myself

FUNCTIONAL V. SUBSTANTIVE

j

		Not at all	A little	Quite a bit	Very much	
24	I believe in God <i>or</i> the gods <i>or</i> a supreme being <i>or</i> a higher power	1	2	3	4	
25 ^j	I feel connected to a being greater than myself	1	2	3	4	
26	I trust in God <i>or</i> the gods <i>or</i> a supreme being <i>or</i> a higher power	1	2	3	4	
27	I have spiritual beliefs	1	2	3	4	
	<i>If you answered “NOT AT ALL” (option 1), please go to question 29. If you gave any of the other answers (options 2, 3 or 4), please continue.</i>					
		Much weaker	Weaker	Stronger	Much Stronger	OR Have not changed
28	In the last few weeks my spiritual beliefs have become	1	2	3	4	0

Religious/Spiritual Beliefs & Practices Domain?

- For some patients religious and spiritual beliefs form are an important domain in their spiritual wellbeing.
- But for other patients they have no meaning

		Not at all	A little	Quite a bit	Very much
23	I believe in God or in someone or something greater than myself	1	2	3	4
24	I have always believed in God or in someone or something greater than myself	1	2	3	4
<p><i>If you answered “NOT AT ALL” (option 1) to BOTH 23 AND 24, please go to the next page (item 29).</i></p> <p><i>In all other cases, please continue to items 25-28.</i></p>					
25	My beliefs have changed since I have felt less well	1	2	3	4
26	My beliefs have changed in the last few weeks	1	2	3	4
27	I feel connected to God or to someone or something greater than myself	1	2	3	4
28	I trust in God or in someone or something greater than myself	1	2	3	4

Please go to the next page.

Measurement v. Intervention?

Questionnaire administration give patients opportunity to discuss issues they may not have thought about before

4 Existential items have no direction
e.g. I live one day at a time

4 other items involve 'change'
e.g. My feelings about life have changed since I have become less well

Identified by patients as important issues in Phase I

Phase 3 Scoring Instructions?

- Decided to generate scoring instructions only for items where we are sure of direction
- Will include 'direction free' items but will add additional questions into debriefing to see if we can identify the direction.