

Cachexia/nutrition module

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Cachexia: definition

*patients with cancer (any type) and
involuntary weight loss >10% body weight*

pre-cachexia (weight loss alone)

cachexia (weight loss, appetite loss and
inflammatory response)

severe cachexia (Severe muscle wasting, Fat
loss, Immunocompromise).

Literature review

Many papers assess cachexia

Intuitive link cachexia – QoL

Many assessments of appetite, food intake

No tool for cachexia related QoL

HCPs

Issues include

Loss of appetite

Loss of taste

Family stress over food

Guilt over eating/ stress in the family

Pyhsical function effects

...others

Need for a module

New understanding of mechanisms

New treatments – biological modifiers

Clinical trials within 2-3 years

Support for a module

NCRI Palliative Care Study Group

EPC-RC

QLG?

Next steps

Teleconference end of April

Grant application QLG

Interested? Email me

